

## **Golf – Schools Coaching Programme**

Encouraging children to play sport for the benefit of their health and well-being is currently a major political and social issue. Childhood obesity is a huge problem - caused it is believed by poor diet and lack of exercise - not assisted by a reduction in amount of time that school children spend playing sport whilst at school. Hopefully the 2012 Olympics will have a significant impact on sports participation both in school and with school leavers.

With the above in mind, Norwood Park's PGA Professional's are able to offer your pupils, aged between 6 and 11 years old, an introduction to golf in a fun and safe way. This would entail a course of 4 introductory golf lessons of 1 hour after school over 4 weeks, these would be carried out on your school premises. All equipment, (plastic clubs and balls) would be supplied.

The system we use is Tri-Golf which is a 'mini' version of golf designed specifically for young children at primary and junior schools (more information can be found by logging onto <http://www.golf-foundation.org>) Schools / Tri-Golf Overview. The introduction of Tri-Golf has made it possible for the education sector and golfing community to work closely together, I hope that you will make the most of this opportunity to see how it can help your pupils.

For further information on any of the above, along with dates of next courses being run, please contact us at [golf@norwoodpark.co.uk](mailto:golf@norwoodpark.co.uk) and we will be happy to answer any questions you may have.

N.B. The above only applies to schools within a 10 mile radius of NG25 0PF.

[Back to Golf School](#)